Resource guide for Children & Adults with Intellectual & Developmental Disabilities & Professionals
This guide was developed in part to inform educational professionals on the various resources available for students and their families.

The Arc Muskegon realizes that as an educational professional, students and families often turn to you on where to get help and support in locating programs, services, benefits and community resources. Although this booklet does NOT contain everything a student and their families may need (now or in the future), it does include frequently utilized organizations, services and community resources.

We welcome any questions or assistance you may need while supporting students and their families.

This guide was created by The Arc Muskegon in partnership Nathan Tabler, student Intern, and Sandra Baker, retired special education professional. This guide can also be found online at www.arcmuskegon.org. December 2014
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**Parent Considerations**

1) Ask **QUESTIONS**!
2) It is **NEVER TOO SOON** to plan for the future
3) Be an **INVOLVED** parent
4) **EDUCATE YOURSELF**
5) Attend school meetings with another **TRUSTED INDIVIDUAL**
6) **KEEP** Records
7) Think outside the box
8) Do **NOT** rely on governments systems to take care of your loved one
9) Learn about resources and remember you are **NOT** alone
10) **DEVELOP** and **CHANGE** educational goals each year
11) Include **EARLY** and exclude **NEVER**
12) **ENJOY** 😊
Access
Legal
&
Financial
In This Section You Will Find.....

Mainly government agencies responsible for eligibility for various services, legal needs and their funding. They are gateway essentials for services and income assistance.
HealthWest
Formerly Muskegon Community Mental Health (CMH)

Service
Access to behavioral health (developmental disabilities and mental illness), substance use, and infant & maternal services

Eligibility
Medicaid or MI Child

Fees
None

Contact Info
- Main Office: (231) 724-1111
- New service requests: (231) 720-3200
- Customer Services: (231) 720-3201
- www.healthwest.net
DEPARTMENT OF HUMAN SERVICES (DHS)

SERVICE
• Medicaid Application
• Cash Assistance
• Bridge Card
• Home Help/Chore Services

Eligibility
Income based

FEES
None

Contact Info
• (231) 733-3700
• www.michigan.gov/dhs
**Michigan Rehabilitation & Career Services (MRS)**

**Service**
Employment Services

**Eligibility**
Identified barrier to employment

**Fees**
None

**Contact Info**
- (231) 722-2013
- [www.michigan.gov](http://www.michigan.gov) (under the Department of Human Services)
Family Support Subsidy

Service
Financial subsidy for children with autism, severe multiple impairments (SXI) or severe cognitive impairments

Eligibility
Taxable income needs to be below $60,000

Fees
None

Contact Info
HealthWest: (231) 720-3201
Social Security Administration (SSA)

Service
Supplemental Security Income (SSI) & Social Security Disability Income (SSDI), Social Security application & assistance

Eligibility
Determined by application

Fees
None

Contact Info
- 1(800) 772-1213
- Local Office: 1(866) 763-2632
- www.ssa.gov
Muskegon County Probate Court

Service
Guardianship Application or removal of a Guardian

Eligibility
Severe Developmental Disability & Limited Options

Fees
Court Costs

Contact Info
www.co.muskegon.mi.us/probatecourt
Community Integration
In This Section You Will Find.....

A snapshot of programs, clubs, and service provider information for community based opportunities, with an emphasis on independent living and inclusion within the community.
Community Living Supports (CLS)

CLS is a set of services that help an adult to live independently. These services average about 5-10 hours per week and are based on an individual plan of service. Focus areas can include but are not limited to: budgeting, shopping, personal health, community integration, etc. These services are an excellent supplement to other supports from friends and family. CLS services can be privately paid for or HealthWest determines if a person qualifies based on their developmental disability and level of need. There are numerous community based agencies providing this service.
**Pioneer Resources**

**Service**
Leisure and Recreation Club (LARC)

**Eligibility**
None

**Fees**
Lifetime fee to join: $1.00
Event Fees

**Contact Info**
- (231) 773-5355
- [www.pioneerresources.org](http://www.pioneerresources.org)
Pioneer Resources/Pioneer Trails Camp

Service
Camp Opportunities

Eligibility
None

Fees
Yes, Partial subsidies available

Contact Info
- (231) 773-5355
- www.pioneertrails.net
Camp Opportunities Across Michigan

Service
List of Camps Offered in Michigan

Eligibility
Varies based on Camp

Fees
Varies based on Camp
Possible Scholarships Available

Contact Info
www.bridges4kids.org/SummerCamp.html
YMCA

Service
Camps across Michigan

Eligibility
Varies based on Camp

Fees
Varies based on Camp
Possible Scholarships Available

Contact Info
www.ymca.net
PIONEER RESOURCES

SERVICE
Community Living Supports (CLS)

ELIGIBILITY
HealthWest (Medicaid)

FEES
None

CONTACT INFO
• (231) 773-5355
• www.pioneerresources.org
MOKA CORPORATION

SERVICE
Community Living Supports & Social Coaching

ELIGIBILITY
HealthWest (Medicaid)

FEES
None

CONTACT INFO
- 1 (800) 644-2434
- WWW.MOKA.ORG
- CONTACT@MOKA.ORG
Jayhawk Academy
Muskegon Community College (MCC)

Service
Continuing Education

Eligibility
• Ages 18 and above
• Applications must be received 15 days prior to the start of the semester.
• An interview will be scheduled by a representative of the Academy.

Fees
• Tuition
• Book fees

Contact Info
Muskegon Community College — Room 400
Jayhawk Academy — (231) 773-9131
221 S. Quarterline Road
Muskegon, MI 49442
No More Sidelines

Service

- Sports
- Community Events

Eligibility

- Children & Young Adults with Special Needs
- Ages 7 & Up

Fees

None

Contact Info

- (231) 332-3849
- www.nomoresidelines.org
**Muskegon Young Adults Social Group**

**Service**
Social Activities

**Eligibility**
Young Adults with Autism Spectrum Disorder (ASD)

**Fees**
- None to Join
- Event Fees

**Contact Info**
MUSKEGONAUTISM@AOL.COM
In This Section You Will Find.....

Assistance to medical supplies and medical reimbursements along with information on how and where to access other health and clinically based needs and services.
Community Health Care Clinics

Hackley Community Care
- Baker and Leahy St. locations
  (231) 733-6750

Muskegon Family Care
- Getty Street Clinic
  (231) 739-9315
Children’s Special Health Care

Service
Coverage and referral for specialty services, mileage reimbursement & more

Eligibility
- Chronic Health Conditions
- Up to 20 Years Old
- All income levels

Fees
Fees to join / low income fee is waived

Contact Info
- (231) 724-6209
- Family Line: 1-800-359-3722
Michigan Family to Family (F2F)

Service
- Medical services and Testing
- Provider Resources and Information
- Health Insurance and Financing opportunities
- Family Center and Phone Line

Eligibility
Varies

Fees
Varies

Contact Info
- (517) 324-7396
- F2FMICHIGAN@MPHI.ORG
- WWW.F2FMICHIGAN.ORG
Airway Oxygen

Service
- Respiratory and Clinical Services
- 24 Hour On-Call Emergency Service
- Medical Equipment Purchase & Rental

Fees
Yes

Contact Info
- Local: (231) 767-9825
- 1(800) 632-0730
- www.airwayoxygeninc.com
Air-Caire

Service
- Respiratory Therapy
- Home Oxygen Therapy
- Free overnight oximetry testing
- 24 hour Emergency Service
- Diabetic & Enteral Services
- Life Support Services
- Free educational clinics
- Free Home Assessments

Fees
Yes

Contact Info
- Local: (231) 737-7070
- WWW.AIR-CAIRE.COM
HealthWest
Formerly Muskegon Community Mental Health (CMH)

Service
Applied Behavior Analysis (ABA) Services

Eligibility
- Child Diagnosed with Autistic Disorder
- Children age 18 Months–5 Years
- Medicaid or MI Child

Fees
None

Contact Info
- (231) 724-1111
- www.healthwest.net
PAWS WITH A CAUSE

SERVICE
Support dogs for those with Disabilities
- Assistance Dogs
- Seizure Response Dogs & Service Dogs
- Hearing Dog
- Service Dogs for Children with Autism

Eligibility
Varies, based on support dog needed

Fees
None

Contact Info
- 1 (800) 253-7297
- www.pawswithacause.org
Housing
In This Section You Will Find.....

Options and ideas for housing, offering different levels of support. This section highlights a variety of providers, ideas, and resources to start making a plan.
COMMUNITY BASED OPTIONS TO CONSIDER

- Rent an apartment with a friend (Subsidized housing available in Muskegon)
- Rent or Buy a Home
- Rent or Buy a Condo
- Create an Apartment in the Family Home
- Residential with supports
- Room and Board
- Adult Foster Care
- Specialized Residential (access through HealthWest)
MOKA CORPORATION

SERVICE
Specialized Residential

Eligibility
HealthWest (Medicaid)

FEES
- SSI
- SSDI
- Social Security

CONTACT INFO
- 1(800) 644-2434
- www.moka.org
- contact@moka.org
LUTHERAN SOCIAL SERVICES OF MICHIGAN (LSSM)

SERVICE
- Senior Housing
- Specialized Residential

ELIGIBILITY
Varies

FEES
- SSI
- SSDI
- Social Security

CONTACT INFO
- (313) 823-7700
- www.lssm.org
Pioneer Resources

Service
- Supported Housing
- Specialized Group Homes

Eligibility
Varies

Fees
- SSI
- SSDI
- Social Security

Contact Info
- (231) 773-5355
- www.pioneerresources.org
**Gracious Grounds, INC**

**Service**
Housing for Adults with Unique Abilities

**Eligibility**
Age 18 and older
Lease Agreement

**Fees**
Yes

**Contact Info**
(231) 955-7484
**HGA Support Services**

**Service**
Specialized Residential

**Eligibility**
HealthWest (Medicaid)

**Fees**
- SSI
- SSDI
- Social Security

**Contact Info**
- (231) 728-3501
- [WWW.HGASUPPORTSERVICES.ORG](http://WWW.HGASUPPORTSERVICES.ORG)
- [INFO@HGASUPPORTSERVICES.ORG](mailto:INFO@HGASUPPORTSERVICES.ORG)
Resources
In This Section You Will Find…..

A sampling of area resources that are an important reference when exploring community resources for available services, supports, and links to the appropriate agencies.
**Muskegon Area Transit System (MATS)**

**Service**
- Line Haul (learning how to ride classes available)
- Go-Bus
- MARC (extended route services)
- Trolley (Seasonal)

**Eligibility**
None

**Fees**
Varies

**Contact Info**
- (231)722-6048
- [WWW.MATSBUS.COM](http://WWW.MATSBUS.COM)
**Lakeshore Ride Link**

**Service**
Resource to specialized transportation

**Eligibility**
Varies

**Fees**
Varies

**Contact Info**
- [WWW.LAKESHORERIDELINK.ORG](http://WWW.LAKESHORERIDELINK.ORG)
- Call 211
211

**Service**
County Wide Information & Referral: Basic Needs & Services

**Eligibility**
None

**Fees**
None

**Contact Info**
Call 211
GOODWILL INDUSTRIES OF WEST MICHIGAN

SERVICE
• Job Training
• Skill Building
• Retail Workforce Development

ELIGIBILITY
Varies by referral sources & funding

FEES
None

CONTACT INFO
• Corporate: (231) 722-7871
• Workforce Office: (231) 739-9010
• www.goodwillwm.org
Salvation Army

Service
- Emergency Needs
- Shelter
- Housing
- Youth Camps & Recreation

Eligibility
Assessment to Determine Eligibility

Fees
None

Contact Info
(231) 773-3284
Love, Inc

Service
- Emergency Needs
- Shelter
- Job Skills
- Food
- Offers Classes & Mentors to help you get to a Better Place

Eligibility
Assessment to Determine Eligibility

Fees
None

Contact Info
- (231) 777-3905
- www.loveincofmuskegon.com
Great Start Collaborative

Service
Community Support & Resources for Children from Birth through Age 5

Eligibility
Varies Based on Program

Fees
Varies based on Program

Contact Info
- MAISD: (231) 777-2637
- www.muskegonisd.org/academicservices/earlychildhood/greatstart
**Bridges 4 Kids**

**Service**
A State Wide Referral System for Parents & Professionals Seeking Help for Children Ages Birth to Adulthood

**Eligibility**
None

**Fees**
None

**Contact Info**
www.bridges4kids.org
DHS: Family Resource Center

Service
Applications for Cash Assistance, Clothing, Shelter, Medicaid, & School Based Parent Involvement Programs

Eligibility
None

Fees
None

Contact Info
Located in Priority Schools throughout the County
Michigan Alliance for Families (the Arc Michigan)

Service
Information & support for families who receive Special Education Services (or may be eligible)

Eligibility
None

Fees
None

Contact Info
- 1(800) 552-4821
- info@michiganallianceforfamilies.org

*Local Referrals to Mentors & Advocates

*Multiple Language options for printed materials
The Arc Muskegon

Service
- Specialized Information & Referral
- Education/Parent Support
- Seminars
- Self-Advocacy

Eligibility
Serving children and adults with intellectual and developmental disabilities and their families

Fees
None

Contact Info
- (231) 777-2006
- INFO@ARCMUSKEGON.ORG
- WWW.ARCMUSKEGON.ORG
Michigan Protection & Advocacy Services

Service
- Systems Advocacy
- Specialized Information & Referral
- Legal
- Training & Seminars

Eligibility
None

Fees
None

Contact Info
- 1(800) 288-5923
- www.mpas.org
Down Syndrome Association of West Michigan (DSAWM)

Service
- Parent Support
- Education
- Information Referral

Eligibility
None

Fees
Annual Membership

Contact Info
- (616) 956-3488
- www.dsawm.org
**Disability Network of West Michigan**

**Service**
- Information & Referral
- Accessibility Consultation
- Disability Sensitivity Training
- Empowerment Workshop
- Peer Support
- Independent Living Guide

**Eligibility**
Any Type of Disability

**Fees**
None

**Contact Info**
- (231) 722-0088
- [www.dcilmi.org](http://www.dcilmi.org)
Catholic Charities of West Michigan

Service
• Food Support
• Baby Support
• Family Support
• Counseling
• Representative Payee

Eligibility
Varies Based on Program

Fees
None

Contact Info
• (231) 726-4735
• www.ccwestmi.org
Muskegon Area Intermediate School District (MAISD)

Service
- Parent Advisory Committee / PAC (Special Education)
- Head Start
- Transition Services
- Special Education Complaints
- Early On
- Behavioral Supports Service
- Parent Resources

Eligibility
School Age

Fees
None

Contact Info
- (231) 777-2637
- www.muskegonisd.org
Helpful State Organizations

- The Arc Michigan
- Autism Society of Michigan
- Michigan Protection and Advocacy
- Michigan Department of Community Health
- United Cerebral Palsy of Michigan
- C.S. Mott Children’s Hospital
- Michigan alliance for Families
- Michigan Coalition for Deaf and Hard of Hearing
- Children’s Hospital of Michigan
- Michigan Music therapists
- Brain injury Association of Michigan
- Bureau of Services for Blind Persons
- Michigan Department of Education
**Helpful National Organizations**

- The Arc US
- Autism Now
- Administration on Intellectual and Developmental Disabilities (AIDD)
- National Down Syndrome Society
- United Cerebral Palsy (UCP)
- National Organization on Fetal Alcohol Syndrome (NOFAS)
- Association for the Blind and Visually Impaired